



WHAT IS BRUXISM?

## Are You a Candidate to Receive Bruxism Treatment?

- ✓ Bruxism is the unconscious grinding of teeth. It causes damage and a wearing away of the tooth structure over time, compromising both your appearance and your ability to chew.
- ✓ Bruxism often prevents the sufferer from getting restful, restorative sleep which causes adverse effects on the physical and psychological health and well-being.
- ✓ Stress is the #1 contributing factor to bruxism.
- ✓ Nightguards are designed to protect your teeth and prevent future damage caused from subconscious grinding or other external forces.



## Every dental patient is different.

Discuss your dental needs and healthcare goals with your dental professional to determine the very best solution for your unique situation!



## KeySplint Bruxism Nightguards

Protect your teeth from nighttime grinding.



Information provided courtesy of Stomadent Full Service Dental Laboratory.  
[www.stomadentlab.com](http://www.stomadentlab.com)

# Benefits of Nightguards for the Treatment of Bruxism

- ✓ KeySplint nightguards are manufactured to exacting specifications via a digital laboratory workflow and state-of-the-art 3D printing. The result is a finished bruxism appliance with a precise and comfortable fit.
- ✓ KeySplint offers two different modified methacrylate formulations to protect your teeth: KeySplint Hard, designed for patients who wear through most dental materials, offers greater abrasion resistance. KeySplint Soft offers resilience with greater comfort through the use of a material that remains flexible but tough without becoming brittle. Your dental professional will select the material that is best suited to your needs.
- ✓ KeySplint is transparent, color stable, and stain resistant. The material is easily cleaned and maintained by the patient.
- ✓ Minimal to no follow-up adjustment appointments are necessary, saving precious time.
- ✓ KeySplint is biocompatible and free from acrylic monomer that may cause tissue irritation or allergic reactions.
- ✓ Materials are US FDA 510k-cleared and comply with International Medical Device Regulations and Standards.

There is a solution to the detrimental effects of subconscious nighttime grinding.

**KeySplint Nightguards offer precise fit with unmatched comfort.**

## Considerations

- ✓ A nightguard is a removable appliance; debris and small seeds may get under it from time to time.
- ✓ Must be removed and cleaned after use.
- ✓ Average lifespan is about 5 years, depending on how you care for the nightguard and how much the structure of your mouth changes over

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